

September 25, 2024

Hamilton Police Service Auction Account
Attn: Ms. Sandy Pollock
155 King William St
Hamilton, ON L8R 1A7

Dear Ms. Pollock: 

This letter brings warm thanks for your ticket purchase for A Mental Health Morning, presented by ArcelorMittal Dofasco.

This breakfast event raising funds for the Mental Health & Addiction Program at St. Joe's will return during Mental Illness Awareness Week in the fall of 2024. We look forward to seeing you in person at Michelangelo Banquet Centre on Thursday, October 10. That morning, we'll announce our 2024 Spirit of Hope Award Winners and hear a powerful keynote address from Samra Zafar.

After escaping a decade of abuse living as a child bride in Canada, Zafar has become a beacon of hope for those facing exclusion and interpersonal violence. Renowned for her insightful dialogue on cultural change, Zafar, a best-selling author, physician-in-training and leading corporate consultant, combines scientific research with her corporate experience and hard-earned life lessons to shift our understanding of wellness and illustrate the transformative benefits of belonging.

Funds raised through A Mental Health Morning will help St. Joe's continue to provide innovative, compassionate mental health and addictions care to our region. St. Joe's has emerged as the second largest provider of this specialized care in all of Ontario. So, whether someone in our region is living with depression or dementia, an eating disorder or bipolar disorder, anxiety or addiction, St. Joe's has the expertise, the experience and the care team to help them on their journey towards recovery.

Your support of our A Mental Health Morning will help St. Joseph's continue to provide compassionate, recovery-focused, innovative mental health care to more than 1.6 million people living in Hamilton and its surrounding communities. In closing, allow me to thank you once again for supporting hope, healing and discovery at St. Joe's.

Sincerely,



Sera Filice
President & CEO