



February 7, 2023

Hamilton Police Service  
155 King William St  
Hamilton, ON L8R 1A7

Dear Friends:

Thank you for your generous support of the 10th annual *A Mental Health Morning* – presented by ArcelorMittal Dofasco. On February 2, 2023, we heard a powerful keynote address from Métis-Cree author, poet and scholar, Jesse Thistle, and announced the winners of the 2022 Spirit of Hope Awards. You can read all about the event on our website: [www.stjoesfoundation.ca](http://www.stjoesfoundation.ca).

Funds raised through *A Mental Health Morning* will support the care St. Joe's is honoured to provide through our mental health & addictions program. Mental Health and Addictions is now the largest clinical program at our Hospital, and St. Joe's has become the second-largest provider of mental health care in the province. We're a powerhouse in research about substance use and women's health, and a trusted partner in providing mental health supports to youth, adults and seniors, as well as to Ontario's first responders and healthcare providers who have been carrying a heavy burden over the past few years.

We're so very proud to share that over the past decade, more than \$400,000 has been raised through *A Mental Health Morning*, and it's thanks in large part to the support of people like you. Those funds will help St. Joseph's continue to provide compassionate, recovery-focused, innovative mental health care to more than 1.6 million people living in Hamilton and its surrounding communities for decades more to come.

Sincerely,

Sera Filice-Armenio  
President & CEO